BSB NEWS

August 2025
level 4A

This month...

Aug 10th- Tuition due

Aug 11th -16th First week of classes

Aug 30th - Sept 1st No classes (Labor Day)

Looking Ahead...

News for the following month will be posted here! We are looking forward to a wonderful season.

We are so thrilled to have you be apart of the BSB family! Your teachers are excited to watch you grow in your ballet technique this year!

What are we learning this month?

Level 4A will be focusing on taking notes in their ballet notebook. Working on proper placement and introducing strength training and pilates.

Stretch of the month

Splits

Exercise of the month

Proper pirouettes

Foot exercise of the month

Toe pops

"This is the day that the Lord has made; let us rejoice and be glad in it."